

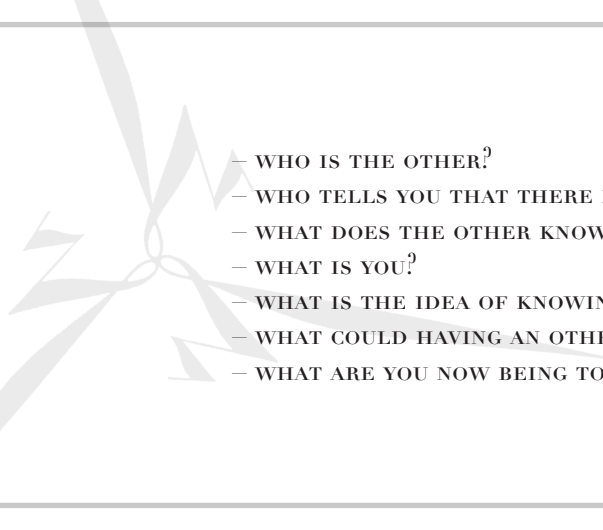
*Complimentation*<sup>®</sup>  
INTEGRATED  
INSTITUTE  
OF



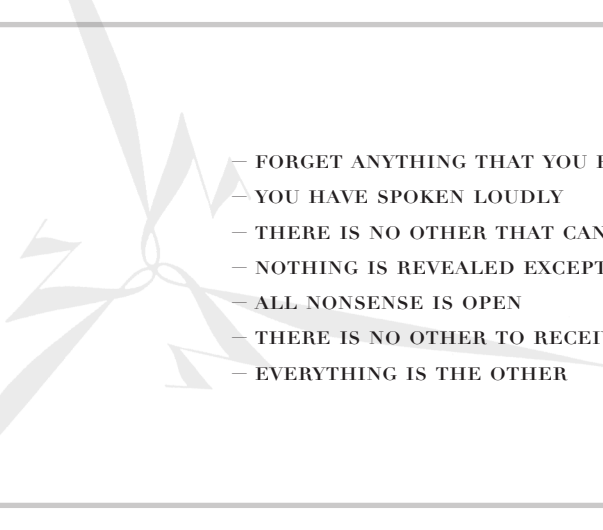
**DAY TWENTY-FOUR**

*the SHOES are the WINDOW of the SOUL.*

# NOT I

- 
- WHO IS THE OTHER?
  - WHO TELLS YOU THAT THERE IS AN OTHER?
  - WHAT DOES THE OTHER KNOW THAT YOU DON'T?
  - WHAT IS YOU?
  - WHAT IS THE IDEA OF KNOWING?
  - WHAT COULD HAVING AN OTHER GIVE YOU?
  - WHAT ARE YOU NOW BEING TOLD BY ANOTHER?

# NOT YOU

- 
- FORGET ANYTHING THAT YOU EVER TOLD YOURSELF. NOW.
  - YOU HAVE SPOKEN LOUDLY
  - THERE IS NO OTHER THAT CANNOT SPEAK
  - NOTHING IS REVEALED EXCEPT THE OTHER
  - ALL NONSENSE IS OPEN
  - THERE IS NO OTHER TO RECEIVE
  - EVERYTHING IS THE OTHER

# NOT IT



— YOU ARE INEXACT

— WHAT DOES THE OTHER DEMAND?

— HOW DO YOU KNOW YOU HAVE ANOTHER?

— CAN YOU TELL THAT ANOTHER KNOWS ABOUT YOU?

— CAN YOU RECEIVE ANOTHER?

— WHAT WOULD YOU DO IF YOU HAD NO IDEA WHAT THE OTHER WAS?

— IS IT POSSIBLE NOT TO BE ANOTHER?

YOU DID RESPOND — YOUR RESPONSE WAS THE WORST  
KIND — YOU DID NOTHING.

*- Emily Franklin*

FOR THERE IS NOTHING HEAVIER THAN COM-  
PASSION. NOT EVEN ONE'S OWN PAIN WEIGHS SO  
HEAVY AS THE PAIN ONE FEELS WITH SOMEONE,  
FOR SOMEONE, A PAIN INTENSIFIED BY THE  
IMAGINATION AND PROLONGED BY A HUNDRED  
ECHOES.

*- Milan Kundera*

WHENEVER YOU ARE ABOUT TO FIND FAULT  
WITH SOMEONE, ASK YOURSELF THE FOLLOWING  
QUESTION: WHAT FAULT OF MINE MOST NEARLY  
RESEMBLES THE ONE I AM ABOUT TO CRITICIZE?

*- Marcus Aurelius*

16<sup>TH</sup> MARCH 2015

