

Complimentation[®]
INTEGRATED
INSTITUTE
OF



DAY THREE

better NOT TO BEGIN, *but* ONCE STARTED, *better* TO FINISH.



PONDER

WHAT IS 'THE PRESENT'?

WHAT FUNCTION DOES THE PAST SERVE?

– WHERE IS TIME LOCATED?

– WHY DO WE THINK ABOUT TIME?

– WHAT IS 'TIMELESS'?

– CAN WE SHARE THE TIME OF ANOTHER?

– HOW CAN TIME BE 'IMPROVED'?

– IS OUR TIME OUR OWN?

– CAN WE THINK 'IN' TIME?



CONSIDER

WHAT WOULD NO TIME BE LIKE?

REGARDING ALL TIME AS FALSE

- WHERE IS TIME LOCATED?
- WHY DO WE HAVE TIME?
- WHAT IS ‘OUR’ TIME?
- CAN WE DESTROY THE TIME OF ANOTHER?
- WHAT DOES TIME FEEL?
- CAN WE GET RID OF TIME?
- IF WE DON’T EXPERIENCE SOMETHING IN TIME, DOES IT EXIST?



REFLECT

HOW DO YOU KNOW THAT YOU HAVE TIME?

CAN YOU HAVE MORE THAN ONE KIND OF TIME SIMULTANEOUSLY?

- THAT WE ARE VERY GOOD AT NOT BEING TIMELY IN TIME ABOUT TIME
- WE SHOULD REALLY BE TIMELY ABOUT STEPPING OUT OF TIME WITH TIME
- WHAT WE KNOW BEFORE WE THINK
- HOW WE TALK ABOUT TIME IS HOW WE REGARD THE WORLD
- BEFORE WE HAVE TIME, WE ARE NOTHING

**REAL GENEROSITY TOWARDS THE FUTURE LIES
IN GIVING ALL TO THE PRESENT.**

- Albert Camus



**THE INVISIBLE WORLD REVEALS TO US THIS
TRUTH WITHIN ITS SILENCE.**

- Jacqueline Ripstein

**THEY ALWAYS SAY TIME CHANGES THINGS, BUT
YOU ACTUALLY HAVE TO CHANGE THEM YOUR-
SELF.**

- Andy Warhol

23RD FEBRUARY 2015

